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## IBD MASTERCLASS 2024



# CONFERENCE GUIDEBOOK



13<sup>th</sup> - 14<sup>th</sup> September 2024



Riyadh, InterContinental  
Buraidah Hall



# PRESIDENT MESSAGE



**Prof. Majed Al Madi**

Professor of Medicine, Consultant Gastroenterologist  
President of the Saudi Gastroenterology Association, King Saud University  
Riyadh, Saudi Arabia.

Dear esteemed attendees,

It is my great pleasure to welcome you all to the upcoming IBD Masterclass, which will be held in Riyadh from the 13<sup>th</sup> to the 14<sup>th</sup> of September, 2024. As the President of the Saudi Gastroenterology Association, it is an honor to host this prestigious event, which will bring together experts and professionals in the field of inflammatory bowel disease (IBD) from all over the world.

This Masterclass will provide an excellent opportunity for us to learn from leading experts in the field, exchange knowledge and best practices, and engage in stimulating discussions and debates on the latest advancements and challenges in the management of IBD. With a range of keynote speeches, workshops, and interactive sessions, this event promises to be a truly enriching and rewarding experience for all attendees.

I encourage all participants to take full advantage of this unique opportunity to network and collaborate with fellow professionals, and to gain new insights and perspectives that will contribute to the advancement of our field. I also extend my thanks to the organizers and sponsors of this event, whose dedication and hard work have made this Masterclass possible.

Once again, I welcome you all to Riyadh and look forward to a successful and productive IBD Masterclass.

Sincerely,

Prof. Majid Almadi  
President, Saudi Gastroenterology Association

## SCIENTIFIC COMMITTEE



Prof. Majed Al Madi



Prof. Nahla Azzam



Dr. Othman Al Harbi



Dr. Turki Al Ameel



Prof Mahmoud Mosli

13<sup>th</sup> - 14<sup>th</sup> September 2024

Riyadh, InterContinental Buraidah Hall

**DAY 1**  
**FRIDAY**  
**13 SEPTEMBER**  
**2024**

Time	Topic	Speaker
12:00	REGISTRATION	
<b>Session 1</b>	<b>Chairpersons: Prof. Yousef Qari – Dr. Talal Al Taweel – Dr. Abdullah Al Mousa</b>	
13:00-13:20	Positioning advanced therapy in CD	Prof. Gareth Parkes
13:20-13:40	Monitoring strategies in IBD	Dr. Heba Al Farhan
13:40-14:00	Caring for hospitalised UC patients "From Flare to Fear"	Dr. Ahmad Al Ghamdi
14:00-14:40	<b>Debate</b> 1 <sup>st</sup> line advanced therapy-UC Biologics vs small molecules	Prof. Mahmoud Mosli Vs Dr. Badr Al Bawardi
14:40-15:00	Discussion	
	<b>Chairpersons: Dr. Abdulelah Al Mutairdi</b>	Prof. Mahmoud Mosli
15:00-15:40	Takeda Satellite Symposium Tandem Talk: Navigating STRIDE II in UC & CD	& Dr. Turki Al Ameel
<b>15:40-16:00</b>	<b>Break</b>	
<b>Session 2</b>	<b>Chairpersons: Dr. Shaker Bakari – Dr. Jehad Al Sihati</b>	
16:00-16:30	<b>Tandem talk</b> Caring for IBD patient out of tertiary care centres (Private practice Peripheral centres)	Dr. Ma'an Al Khttabi + Dr. Mohammad A. Al Beshar
<b>Session 3</b>	<b>Chairpersons: Dr. Abdulrahman Al Khormi – Dr. Mohamed Khan – Dr. Yasser Meralam – Dr. Marios Katsaros</b>	
16:30-17:00	Case presentation and panel discussion EIMs (MDT approach)	Dr. Ahmad Al Darmaki
17:00-17:30	Case presentation and panel discussion (Anti- TNFs complications)	Dr. Mohamed Shehab
17:30-17:50	Discussion	
<b>17:50-18:20</b>	<b>Break</b>	
	<b>Chairpersons: Dr. Othman Al Harbi</b>	
18:20-19:00	Hikma Satellite Symposium Remsima SC the Upgraded Version of Infliximab	Prof. Mahmoud Mosli
19:00	Collaboration between  & <b>hikma.</b>	Prof. Majed Al Madi
<b>Gala Dinner</b>		

**DAY 2**  
**SATURDAY**  
**14 SEPTEMBER**  
**2024**

Time	Topic	Speaker
<b>Session 1</b>		
<b>Chairpersons: Prof. Muneera Al Mohannadi - Dr. Ebtisam Al Mughaseib - Dr. Mohamed Khorshid</b>		
8:30-8:50	New insights Conventional therapy	Dr. Eman Al Sulais
8:50-9:10	Unseen complications of IBD Fatigue and anemia	Prof. Ala' Sharara
9:10-9:30	Clinical trials 2024 Highlights for clinicians	Dr. Turki Al Ameen
9:30-9:50	Combining advanced agents in IBD	Prof. Gareth Parkes
9:50-10:10	Discussion	
10:10-10:25 <b>Break</b>		
<b>Chairpersons: Dr. Shakir Bakkari</b>		
10:25-10:55	Abbvie Satellite Symposium Redefining IBD Care: A Broader Perspective	Dr. Badr Al-Bawardy
<b>Session 2</b>		
<b>Chairpersons: Dr. Ahmad Afghani</b>		
10:55-11:15	Pregnancy in IBD SGA guidelines	Prof. Nahla Azzam
<b>Session 3</b>		
<b>Chairpersons: Prof. Yousef Qari - Dr. Mesfer Al Ghamdi - Dr. Balqis Al Salman</b>		
11:15-11:45	How to score endoscopy exams in IBD	Dr. Othman Al Harbi / Dr. Abdulelah Al Mutairidi
11:45-12:15	<b>Tandem talk</b> IBD patient and surgery (surgeon and gastroenterologist perspectives)	Dr. Mariam Mokhtar / Dr. Abdulaziz M. Saleem
12:15-12:50 <b>Prayer Break</b>		
<b>Chairpersons: Dr. Othman Al Harbi</b>		
12:50-13:20	Johnson & Johnson Satellite Symposium	Dr. Mohammad Al Ahmari
<b>Session 3</b>		
<b>Chairpersons: Prof. Gareth Parkes - Prof. Ala' Sharara</b>		
13:20-13:50	Case presentation and panel discussion (Refractory Inflammatory Ileal crohn's)	Dr. Abdulaziz Al Shahrani
13:50-14:20	Case presentation and panel discussion (Chronic Refractory Pouchitis)	Dr. Shalan Al Aklabi
<b>Discussion and closing remarks</b>		
<b>Lunch</b>		



# SATELLITE SYMPOSIUM PROGRAM

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## hikma.

Satellite Symposium At IBD Masterclass 2024  
Remsima SC the Upgraded Version of Infliximab

**Speaker** | **Chairperson**

 | 

**Prof. Mahmoud Mosli** | **Dr. Othman Al Harbi**

🕒 18:20-19:00 | 📅 13 September 2024 | 📍 Riyadh InterContinental Buraidah Hall

SGA | IIB MASTERCLASS 2024

## Takeda

Satellite Symposium At IBD Masterclass 2024  
Tandem Talk: Navigating STRIDE II in UC & CD

**Speaker** | **Speaker** | **Chairperson**

 |  | 

**Prof. Mahmoud Mosli** | **Dr. Turki Al Ameel** | **Dr. Abdulelah Al Mutairdi**

🕒 15:00 - 15:40 | 📅 13 September 2024 | 📍 Riyadh InterContinental Buraidah Hall



IBD MASTERCLASS 2024

**abbvie**

**Satellite Symposium At IBD Masterclass 2024**

Redefining IBD Care: A Broader Perspective

**Speaker**



**Dr. Badr Al-Bawardy**

**Chairperson**



**Dr. Shakir Bakkari**

🕒 10:25-10:55

📅 14 September 2024

📍 Riyadh InterContinental Buraidah Hall



IBD MASTERCLASS 2024

**Johnson&Johnson  
Innovative Medicine**

**Satellite Symposium At IBD Masterclass 2024**

**Speaker**



**Dr. Mohammad Al Ahmari**

**Chairperson**



**Dr. Othman Al Harbi**

🕒 12:50-13:20

📅 14 September 2024

📍 Riyadh InterContinental Buraidah Hall

## CHAIRPERSONS



Prof. Yousef Qari



Dr. Talal Al Taweel



Dr. Abdullah Al Mousa



Dr. Shaker Bakari



Dr. Jehad Al Sihati



Dr. Abdulrahman Al Khormi



Dr. Mohamed Khan



Prof. Ala' Sharara



Prof. Muneera Al Mohannadi

## CHAIRPERSONS



Dr. Ebtisam Al Mughaseib



Dr. Mohamed Khorshid



Dr. Ahmad Afghani



Dr. Mesfer Al Ghamdi



Dr. Balqis Al Salman



Prof. Gareth Parkes



Dr. Yasser Meralam



Dr. Marios Katsaros



Dr. Othman Al Harbi



Dr. Abdulelah Al Mutairdi

## SPEAKERS



Prof. Gareth Parkes



Dr. Heba Al Farhan



Dr. Ahmad Al Ghamdi



Prof. Mahmoud Mosli



Dr. Badr Al Bawardi



Dr. Ma'an Al Khttabi



Dr. Mohammad A. Al Basher



Dr. Ahmad Al Darmaki



Dr. Mohamed Shehab



Dr. Eman Al Sulais



Prof. Ala' Sharara



Dr. Turki Al Ameel

## SPEAKERS



Prof. Nahla Azzam



Dr. Othman Al Harbi



Dr. Abdulelah Al Mutairidi



Dr. Mariam Mokhtar



Dr. Abdulaziz Al Shahrani



Dr. Shalan Al Aklabi



Dr. Abdulaziz M. Saleem



Dr. Mohammad Al Ahmari



**Prof. Gareth Parkes**

**Biography:**

Consultant Gastroenterologist Royal London Hospital, London Clinical Director of Ampersand Health



**Dr. Heba Al Farhan**

**Biography:**

Consultant, Internal Medicine,  
Gastroenterology, Hepatology and Advanced IBD Specialist



**Dr. Ahmad Al Ghamdi**

**Biography:**

Dr. Ahmed Al Ghamdi is a distinguished gastroenterologist and hepatologist whose educational journey includes an MBBS from King Abdul Aziz University in 2007, a Saudi Board in Internal Medicine in 2012, a Saudi Fellowship in Gastroenterology and Hepatology in 2015, a Canadian Clinical Fellowship in Inflammatory Bowel Disease in 2018, and a Fellowship in Epidemiology and Biostatistics in 2024. Dr. Al Ghamdi has many published papers in distinguished medical journals covering topics in gastroenterology, hepatology, and IBD. He has spoken at numerous conferences, locally and internationally, sharing insights and expertise on various topics.



**Prof. Mahmoud Mosli**

### Biography:

Dr. Mosli is currently an associate professor of medicine, and a consultant gastroenterologist, who is specialized in inflammatory bowel diseases (IBD), at the department of medicine, King Abdulaziz University Hospital, Jeddah, Saudi Arabia. He completed his internal medicine residency and gastroenterology fellowship training at the University of Western Ontario (UWO), London, Canada, followed by a 1-year advanced clinical IBD fellowship at UWO.

He then completed a Masters degree in Epidemiology and Biostatistics from McGill University, Montreal, Canada followed by a 1-year IBD Clinical Trials Fellowship from the Robarts Research Institute.

He has more than 100 publications mainly in the field of IBD and is an associate editor of the Saudi Journal Of Gastroenterology and The IBD Cochrane collaboration group.



**Dr. Badr Al Bawardi**

### Biography:

Dr. AlBawardy is a consultant gastroenterologist and IBD specialist at King Faisal Specialist Hospital and Research Center in Riyadh, Saudi Arabia.

He is an adjunct assistant professor at Yale School of Medicine in CT, USA and Alfaisal University in Riyadh, Saudi Arabia.

After completing medical school at the George Washington University, Dr. AlBawardy completed an internal medicine residency, gastroenterology fellowship and IBD fellowship at the Mayo Clinic in Rochester, MN, USA. He then joined the faculty at Yale University as an assistant professor of medicine where he developed and lead the Yale IBD Fellowship Program.

Dr. Albawardy's main interests within IBD include clinical outcomes research and medical education.

He has served previously as associated editor for the Saudi Journal of Gastroenterology and is currently on multiple editorial boards of GI journals.





**Dr. Ma'an Al Khttabi**

**Biography:**

Assistant professor, King Abdulaziz University- Rabigh Campus.  
Consultant, Gastroenterology & IBD, Alsalama Hospital, Jeddah



**Dr. Mohammad A. Al Beshar**

**Biography:**

Gastroenterology consultant at King Fahd Hospital, Hofuf



**Dr. Mohammad Al Ahmari**

**Biography:**

Gastroenterologist and IBD Specialist at King Fahad Medical City  
Saudi Fellowship Gastroenterology and Hepatology, Sub-Specialty in Inflammatory Bowel Diseases at McMaster University.  
Program Director of the Adult GI/Hepatology Program at King Fahad Medical City



**Dr. Eman Al Sulais**

**Biography:**

Dr. Alselas is a Consultant Gastroenterologist, Inflammatory Bowel Disease and Intestinal Rehabilitation Specialist working in KFSH-D. She completed clinical fellowship in Cambridge University Hospital - the United Kingdom. She has interest in research particularly IBD-related. She has several publications in this filed.



**Dr. Ahmad Al Darmaki**

**Biography:**

He received his MD degree in 2006, then specialized in internal medicine, and was awarded the Oman medical specialty board certification in 2012. Dr. Al-Darmaki completed an adult gastroenterology fellowship at the University of Calgary in Canada, followed by an advanced fellowship in Inflammatory Bowel Disease. He is the Head of the Gastroenterology Unit at Royal Hospital and a faculty member of the OMSB internal medicine residency program. He is well-versed in the diagnosis and treatment of all gastrointestinal disorders. He is skilled in both diagnostic and therapeutic GI endoscopies, including the management of GI bleeding, peptic ulcers, esophageal and colonic strictures, polyp removal in the gastrointestinal tract, and colon cancer screening and surveillance. He is the author of numerous publications and has presented research abstracts at numerous conferences, including Digestive Disease Week and the ECCO meeting.



**Prof. Ala' Sharara**

**Biography:**

Professor of Medicine at the American University of Beirut Medical Center and previous Chief of the Division of Gastroenterology at AUBMC from 2002-2017. He is also a Consulting Professor at Duke University in Durham, NC, USA where he trained and received American Board Certification in Internal Medicine and Gastroenterology. He is a fellow of the American College of Gastroenterology and of the American Gastroenterological Association, and the Royal College of Physicians (London).



**Dr. Mohamed Shehab**

**Biography:**

Dr shehab received his medical degree from University College of Cork in Ireland. He then continued his internal medicine residency at University of Toronto and his gastroenterology fellowship and advanced training at McGill University in Canada.

He's currently a consultant gastroenterologist at Haya Alhabib GI center, Kuwait. He's the secretary general of the Kuwait Gastroenterology Association and the IBD fellowship research supervisor at McGill University



**Dr. Turki Al Ameel**

**Biography:**

Dr. Turki Al Ameel Consultant gastroenterologist at King Fahad Specialist Hospital-Dammam, Saudi Arabia After graduating from King Saud University in Riyadh, Dr. Al Ameel completed his internal medicine residency in Canada. He went on to pursue his gastroenterology training at Western University.

His advanced fellowship was done at the University of Alberta.

In addition to his general gastroenterology practice, he has special interest in inflammatory bowel disease.

Dr. Al Ameel is a board member of the Saudi Gastroenterology Association and a former associate editor of the Saudi Journal of Gastroenterology.

He has published several peer reviewed papers in gastroenterology IBD.



**Prof . Nahla Azzam**

**Biography:**

Professor of Medicine and consultant Gastroenterologist, SGA Board Member, Associate Director for assessment/PGME, King Saud University



**Dr. Othman Al Harbi**

**Biography:**

Associate Professor of Medicine. Consultant of Gastroenterology & IBD King Saudi University, Riyadh



**Dr. Abdulelah Al Mutairidi**

**Biography:**

Consultant Gastroenterologist and IBD Specialist in King Faisal Specialist Hospital & Research Centre, Riyadh, Kingdom of Saudi Arabia.  
Program Director of Adult GI Fellowship and Quality Director of Department of Medicine.



**Dr. Mariam Mokhtar**

**Biography:**

Dr. Mariam Mukhtar currently works as an assistant professor at King Abdulaziz University Hospital in Jeddah. She completed internal medicine and gastroenterology training at the University of Toronto, Canada.  
She also has an American board of internal medicine.  
Dr. Mariam completed her clinical IBD fellowship at St. Mark's academic institute and national bowel center in London, UK.



**Dr. Abdulaziz Al Shahrani**

**Biography:**

Associate professor of internal medicine , Gastroenterologist, IBD specialist



**Dr. Shaalan Al Aklabi**

**Biography:**

Consultant gastroenterology, IBD specialist  
Ministry of interior  
Security forces hospital, Riyadh  
MBBS : king Saud university- Riyadh  
Internal medicine and gastroenterology training in Hannover medical university- Germany  
Clinical inflammatory bowel disease from LMU university - Munich Germany



**Dr. Abdulaziz M. Saleem**

**Biography:**

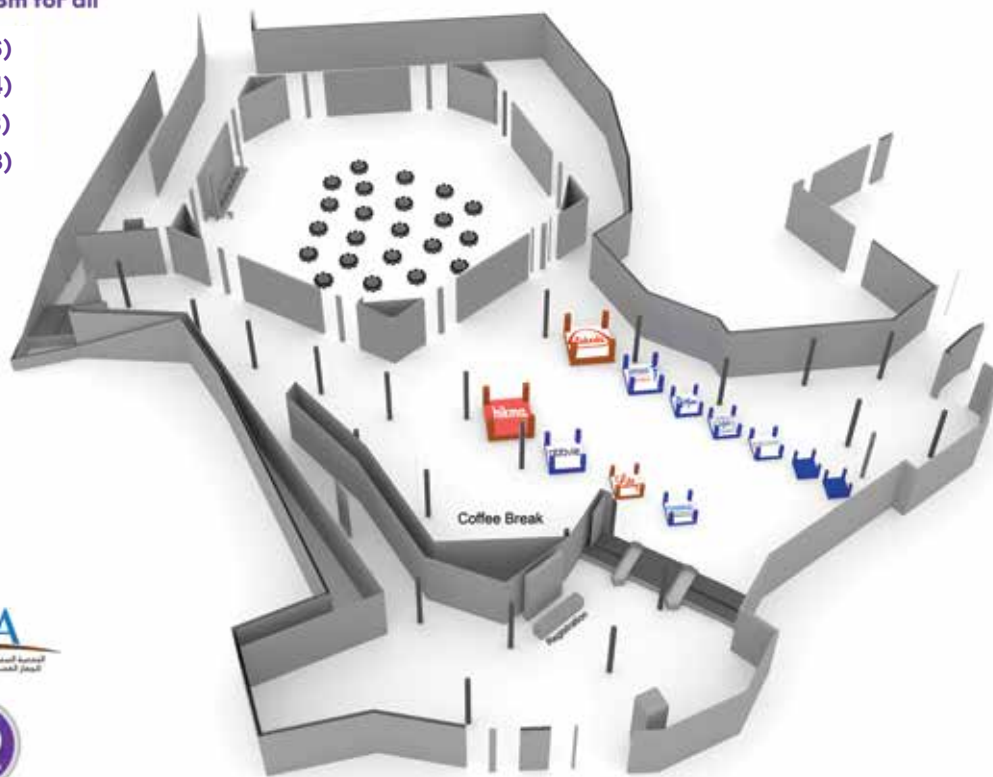
Assistant Professor of surgery and consultant general and colon and rectal surgery at King Abdulaziz University Hospital and International Medical Center (IMC)

# CONFERENCE VENUE AND EXHIBITION HALL

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height 3m for all

- P (6x6)
- G (4x4)
- S (4x3)
- B (3x3)



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## دليل المؤتمر



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